The Barley Mow

the Stocks, Cosgrove

Starters

King prawn soft shell taco, guacamole, salsa, shredded gem lettuce, ranch, coriander, fresh lime £9

Fried halloumi, hot honey & thyme, mixed leaves (v,gf) £8

Maple & rosemary roasted pigs in blankets, warmed cranberry sauce, rocket £9

Parsnip & sweet potato soup, sea salt ciabatta toast (ve) £7

Crispy fried squid rings, garlic & chilli mayo, rocket £8.5

Racked pork ribs, sticky BBQ sauce, blue cheese dressing, celery £9

Whole baked Camembert, seasoned crostini, red onion & chilli chutney (v) £14

Mains

Pan-roasted seabass fillets, Mediterranean vegetable & chorizo risotto £20

Lincolnshire pork sausages, vintage cheddar mash, tenderstem broccoli, gravy £19

Butternut squash, spinach & mushroom lasagne, garlic focaccia, feta & baby leaf salad (v) £18

Steak frites: Prime sirloin steak, seasoned house fries, peppercorn sauce (gf) £18

Beer-battered cod fillet, thick cut pub chips, tartare sauce, garden or mushy peas £19

Seed & grain battered wholetail scampi, thick cut pub chips, baby leaf & garden herb salad, tartare sauce £17

Sweet potato, chickpea & spinach curry, wild basmati rice, garlic & coriander naan (ve) £17

Hand-carved ham, two fried eggs, thick cut pub chips, baby leaf & garden herb salad (gf) £16

Steak, ale & horseradish shortcrust pastry pie, vintage cheddar mash, honey roasted carrots, gravy £19

Sandwiches & Wraps

(AVAILABLE MON-SAT 12PM - 3PM)
ALL SERVED WITH PUB CHIPS & SLAW

Hot rare rump steak, melting Stilton, red onion chutney, leaves, white or wholegrain bloomer £13

B.L.T. Crispy smoked streaky bacon, baby gem, tomato, garlic & herb mayo, white or wholegrain bloomer £12

Our 'Famous Fish Finger' sandwich tartare sauce, baby gem, white or wholegrain bloomer £13

Southern fried chicken breast tortilla wrap, garlic & herb mayonnaise, baby gem £12

Fried halloumi & sweet chilli sauce tortilla wrap, baby gem lettuce (v) £11

From Our Grill

All of our steaks are coated with our own blend of herbs & seasonings, cooked to your liking & served with seasoned house fries, onion rings & grilled tomato

12oz 21 day aged prime rump £25
8oz 28 day aged prime sirloin £26
12oz 28 day aged prime T-bone £29
6oz 28 day aged prime fillet mignon £32

'The King Carne'

Our 8oz sirloin, 12oz rump & 6oz fillet mignon with seasoned house fries for two, onion rings, grilled tomato & any two sides (for two to share)
£70

www.barleymowcosgrove.co.uk
to book your table online, or call
01908 562 957

Burgers

ALL OUR BURGERS ARE SERVED WITH SEASONED HOUSE FRIES & SLAW

The Admiral: Two beef patties, melting cheddar, smoked streaky bacon, onion nest, gem lettuce, garlic & herb mayo, tomato £19

BB King: Two beef patties, melting Stilton, smoked streaky bacon, red onion & chilli relish, onion nest, gem lettuce £19

The O.G : Southern fried chicken breast, onion nest, garlic & herb mayo, gem lettuce, tomato £17

Go With The Faux: Buttermilk fried Quorn patty, melting cheddar, onion nest, garlic & herb mayo, tomato, gem lettuce (v) £16

Boneless Wings

	5 wings	7 wings	9 wings
Plain & Simple: Crispy fried boneless wings without the fuss...	£7	£9	£11
Hickory BBQ: Drizzled with a classic, hickory smoked BBQ sauce	£8	£10	£12
Hot Honey: Sweet with some heat!	£8	£10	£12
Korean BBQ: All of the flavour, extra chilli for that spice	£8	£10	£12

Sides & Extras

Thick cut pub chips (ve,gf) £4
Chips & cheese (v,gf) £5
Seasoned house fries (ve,gf) £4
Nacho cheese fries (v,gf) £5
Onion rings (ve) £5
Coleslaw (v,gf) £3
House salad (ve,gf) £5
House salad (ve,gf) £5
Mac'n'cheese (v) £5
Mac'n'cheese & bacon £6
Skewered king prawns (gf) £8
Tenderstem broccoli (ve,gf) £5
Peppercorn sauce (v) £3.5
Blue cheese sauce (v) £3.5
Diane sauce (v) £3.5

Desserts

Apple & almond mincemeat tart,
vanilla ice cream (v) £8.50

Dark chocolate brownie, toffee sauce,
vanilla ice cream (gf/v) £9.00

Irish cream creme brulee, Scottish shortbread,
fresh strawberries (v) £8.50

Millionaire cheesecake:
white chocolate cheesecake, shortbread,
caramel centre, milk chocolate drizzle,
toffee sauce, (v) £9.50

Gingerbread & cranberry tartlet,
vegan vanilla ice cream (ve/gf) £9.50

Toffee apple crumble pie, served with a choice of
custard or vanilla ice cream (v) £9.50

3 scoops of ice cream
choose from vanilla, vegan vanilla,
chocolate or strawberry (v/g) £6

Coffee & Hot Drinks

Americano	£4.00	Pot of Tea	£4.00
Latte	£4.25	Peppermint Tea	£4.25
Cappuccino	£4.25	Green Tea	£4.25
Flat White	£4.75	Hot Chocolate	£4.50
Espresso	£4.00	Mocha	£4.75

All our hot drinks can be made or served with oat milk as a dairy alternative

Sunday

Our Sunday dinners are all served with our garlic & rosemary roast potatoes, carrots, parsnips, Yorkshire pudding, stuffing & gravy.

Choose from...
Single-muscle topside of beef or
Pork belly & crackling
£18

Extras

Cauliflower & broccoli cheese £4
Roast potatoes & stuffing £4
Pigs in blankets in a Yorkie with gravy £4
Yorkshire pudding £1.50

Posh Roast Sharing Boards

Sliced 8oz sirloin steak, oven roasted pork belly,
our garlic & rosemary roast potatoes, carrots,
parsnips, stuffing, pigs in blankets,
broccoli & cauliflower cheese,
Yorkshire puddings & plenty of gravy...

Sharing board for two... £55.00
Sharing board for four... £95.00

(apologies, we can only offer our boards for multiples of two!)

ROCKSTONE pub co.

"Whilst our chefs take every care to ensure that your meal is prepared in a clean environment, we cannot guarantee against cross-contamination in our small, but very busy kitchen. Please ask to see our full Allergen Menu which provides the allergen information for each dish. If you have any other special or dietary requirements, or questions relating to this menu, please ask to speak to the Manager on duty. Dishes marked *(v)* are suitable for vegetarians. Dishes marked *(ve)* can be suitable for vegans. Dishes marked *(gf)* are free from ingredients containing gluten but are made in an environment where gluten is present. All weights are approximate before cooking. Fish may contain bones & puddings may contain calories."

Wine

Whites

	175ml	250ml	Bottle
Pinot Grigio - Italy 'Vinuva Organic'	£8.40	£9.50	£27.95
Sauvignon Blanc - N.Z. 'Wild River'	£9.80	£11.50	£32.95
Chardonnay - Aus. 'Coldridge Estate'	£8.40	£9.50	£27.95
Chenin Blanc - S.A. 'Vinecrafter'	£8.90	£10.40	£29.95
Sancerre - France 'Domaine Millet Roger'			£39.95
Albarino - Spain 'Mytilus'			£39.95

Rose

	175ml	250ml	Bottle
Pinot Grigio Rose - Italy 'Satori Mescita'	£8.40	£9.50	£27.95
Zinfandel - U.S.A. 'West Coast Swing'	£8.40	£9.50	£27.95
Provence - France 'Saint Sidoine'	£9.80	£11.50	£32.95

Red

	175ml	250ml	Bottle
Shiraz - Aus. 'The Accomplice'	£8.40	£9.50	£27.95
Malbec - Arg. 'Project Malbec'	£9.80	£11.50	£32.95
Merlot - France 'Longue Roche'	£8.40	£9.50	£27.95
Rioja - Spain 'Gloriosa'	£8.90	£10.40	£29.95
Primitivo - Italy 'Pianerosse'			£39.95
St Emillion - France 'Chateau Rocher Calon Montagne'			£39.95

Fizz

	200ml	Bottle
Prosecco - Italy 'Le Contesse'	£8.60	£29.95
Champagne - France 'Charles de Vercy		£49.95